



COME CELEBRATE CINCO DE MAYO AT CASA!

Although Cinco de Mayo isn't technically a celebration of Mexico's independence, we can take a note from that idea and use the opportunity to celebrate OUR independence from alcohol. How fitting that CASA has truly become our casa — our home, our safe haven!



When: Monday, May 5th at 5:30

(Fellowship followed by the meeting at 6:15, then post-meeting eating and games!)



Where: Our CASA is your CASA!

Bring: Toppings/Mexican sides/dessert (Taco beef and chicken or pork, along with taco shells and tortillas will be provided.) So just grab a pack of shredded cheese, or salsa, or tub of sour cream, or chips, or guacamole, or bag of shredded lettuce, etc. You know – taco stuff! Make it easy on yourself, and just bring whatever.

This isn't an official CASA fundraiser, but all contributions will be donated by Happy Hour to the CASA building fund. So if you can, throw whatever you might have usually spent during Cinco de Mayo on a tequila shot — or more — into the basket!

CASA BOARD MESSAGE FROM DIANE H.

Chair, CASA Board of Directors

Greetings from the CASA board of directors! We have seen lots of new activity springing up at CASA – Game Night every Saturday, Eating meetings, picnics and birthday parties! Birthday party with a band playing!

A wise man approached the CASA board about having a birthday party for a CASA member. The birthday girl chose to have donations given to CASA in lieu of receiving regular birthday presents. Wow! The party raised a very generous donation for CASA. Thank you!

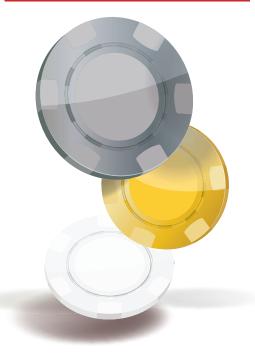
Our eating meetings and monthly breakfasts raise significant funds. All the food, fun and fellowship helps to keep us sober and also helps to keep the doors open and bills paid at CASA.



Donations keep a nonprofit organization going – that is how we survive! CASA is a nonprofit organization that manages the CASA property and buildings for the purpose of providing a safe place for recovery groups to hold meetings. It is better than the proverbial church basement because we have land and property where related social events can be held over and above regular meetings.

Thanks to all who help make CASA a "second home" for many of us. For me it is an oasis from the noise and clanging of the work-a-day world; a place to rest and feel peaceful and learn about experience, strength and hope. If anyone wants to hold an event, a party or has ideas for future events, please discuss with me or any board member.

BIRTHDAYS



MARCH

John F. – 9 years

Suzy P. – 9 years

Colleen H. - 9 years

Rock A. – 9 Years

APRIL

Kim – 1 year

Tom – 1 year

David – 3 years

Lou C. - 43 years

CONGRATS ON ANOTHER YEAR!

HAPPY HOUR UPDATE



Happy Hour is hosting a special Cinco De Mayo "eating meeting" on Monday, May 5th, starting at 5:30. Please see this newsletter for further details, or stay tuned at the next meeting. Or just ask a HH member or CASA member. Hope to see you there!

We're continuing to collect items for the basket we're donating to Founder's Day for auction. The "basket" is a

tool box, and the theme for the basket is "Tools for Sobriety." Please donate tool-tools or other tools that were helpful to you in achieving and maintaining sobriety, including A.A. literature.

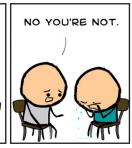
Do You Just Belong?

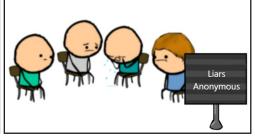
Submitted by Diz T.

Are you an active member, the kind that would be missed?
Or are you just contented that your name is on the list?
So, do you attend meetings and mingle with the flock?
Or do you meet in private, criticize and knock?
Do you take an active part to help the work along?
Or are you satisfied to be the kind that just belongs?
Do you work on committees, to this there is no trick;
or leave the work to just a few, and talk about the clique?
Please come to meetings often, and help with hand and heart.
Don't be just a member, but take an active part.
Think this over members, you know what's right from wrong.
Are you an active member, or do you just belong?

WE'RE IN THE RIGHT PLACE!







Cyanide & Happiness © Explosm.net



CASA BREAKFAST

Breakfast takes place the **second Sunday of every month** from 9:30 a.m. – 10:30 a.m.

Feast on the best custom-made omelets prepared by **Mark H**.

Please bring a side dish like hash browns, sausage, bacon, fruit, etc. Help with setting up and cleaning up is always needed and appreciated... so get there early and stay late.

It's only \$3.00 for CASA members & \$5.00 for all others. It's the best deal in town!



CASA BOARD MEETING

The CASA Board meets on the **second Wednesday night of every month** at 7:30 p.m. Everyone is invited to attend, and your input is welcome. Please join us!

CASA 12, INC. BUILDING FUND PLEDGE FORM

Name Street Address City State, Zip Telephone (cell) E-mail

PLEDGE INFORMATION

I (we) pledge \$

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Signature(s)							
Date							

to be paid: \square Monthly \square Quarterly \square Yearly

Please make checks payable to CASA 12, Inc. Building Fund.

Payments (*along with this form*) can either be mailed to the below address or placed in an envelope in the clubhouse safe, or go to <u>casa12inc.org</u> and make your building donations online.

CASA 12, INC. BUILDING FUND

P.O. BOX 12391 TALLAHASSEE, FLORIDA 32317-2391

Contributions are tax-deductable and will go toward the purchase of a permanent Clubhouse Building for CASA 12, Inc. Thank you for your support.



FOUNDERS' DAY

Pounders' Day Florida Style has a primary mission to provide a venue whereby members of Alcoholics Anonymous can gather annually to learn and share in our fellowship and its singleness of purpose.

The 10th annual Founders' Day Florida Style 2014 takes place Friday, June 20 – Sunday, June 22, in Tallahassee. The convention will be held at the Henry W. McMillan National Guard Armory, 1225 Easterwood Drive.

This year's theme is "The Consciousness of the Presence." For more details, including a registration form or online registration, visit their website at www.foundersdayflorida.org



EDITOR'S NOTE

Amy H

When I first walked into CASA in August of last year, one of the first things I did was grab a newsletter by the door. I had no idea what it was, but I'm a lifelong grabber of brochures and pamphlets! (And, since I was utterly and completely shut down, it was something that I could bury my nose in if, heaven forbid, someone actually tried to talk with me.)

Thank goodness for **April C**. and the time and effort she dedicated to the CASA newsletter, and that she has spent with me handing over the reins. Of course, I'm not going to be able to fill her festive, fun, colorful tennis shoes – so I've kept this issue very simple. (Also because I'm just figuring out this publishing software, and computers and I are not the best of friends....) I do hope to find a voice to share the news of CASA in a way that's fun and serious, as April has done.

Please feel free to let me know if you have any story ideas or content that you would like to have shared. Catch me at a meeting, or shoot me an e-mail at amyhen05@yahoo.com. This is YOUR newsletter, and I'm simply doing service work!

MEETINGS AT CASA-12, INC.

2410 MONDAY ROAD TALLAHASSEE, FLORIDA 32301

MONDAY

7:00 a.m. - Conscious Contact AA meeting - Meditation (Casita)

12:30 p.m. - 1. Living Sober 12 & 12 AA meeting

12:30 p.m. – 2. Al-Anon meeting (Casita)

6:15 p.m. - Happy Hour AA meeting

TUESDAY

7:00 a.m. - Conscious Contact AA meeting - Meditation (Casita)

12:30 p.m. – Living Sober AA meeting

6:15 p.m. - Happy Hour AA meeting

WEDNESDAY

7:00 a.m. - Conscious Contact AA meeting - Meditation (Casita)

12:30 p.m. – Living Sober AA meeting

6:15 p.m. – Happy Hour AA – Speaker meeting

THURSDAY

7:00 a.m. - Conscious Contact AA meeting - Meditation (Casita)

10:30 a.m. - Tears & Laughter Women's AA meeting

12:30 p.m. – Living Sober AA meeting

6:15 p.m. - Happy Hour AA meeting - (Closed Meeting)

FRIDAY

7:00 a.m. - Conscious Contact Open AA meeting - Meditation (Casita)

12:30 p.m. – 1. Living Sober AA meeting

12:30 p.m. – 2. Al-Anon meeting (Casita)

6:15 p.m. - Happy Hour AA meeting *

* The last Friday of each month is CASA'S SOBRIETY BIRTHDAY MEETING for those who attend the Living Sober, Happy Hour, or Conscious Contact AA meetings. Covered dish dinner starts at 6:00 p.m., followed by celebrants sharing their stories of recovery 6:30 – 7:30 p.m.

SATURDAY

9:00 a.m. - Conscious Contact AA meeting - Meditation (Casita)

11:00 a.m. – Living Sober AA meeting

6:15 p.m. - Happy Hour AA meeting - 12 & 12 Step Study

7:30 p.m. – Game Night!

SUNDAY

9:00 a.m. - Conscious Contact AA meeting - (Meditation) *

* On the 2nd Sunday of each month, Conscious Contact meets at 8:00 a.m.

CASA BREAKFAST from 9:30 - 10:30 A.M. on the 2nd Sunday of Each Month

11:00 a.m. - Living Sober AA meeting

6:15 p.m. - Happy Hour AA meeting - Half and Half Book Study

8:00 p.m. - Miracle Group AA meeting

To receive this newsletter by email, please contact **Trish H.** at: casa12news@gmail.com and she will put you on the anonymous distribution list.